

## REGIONAL COVID-19 RESOURCE HUBS

### United Way 2-1-1

[www.211helps.org](http://www.211helps.org)

2-1-1 offers a 24/7 hotline and a searchable comprehensive database of thousands of available resources in Missouri and Illinois.

### STL Mutual Aid

[www.stlmutualaid.org](http://www.stlmutualaid.org)

STL Mutual Aid is a network of organizers, healers, artists, community leaders, and every day people coming together to deliver food and supplies, provide financial solidarity, offer emotional support, and connect people to their neighbors.

### WEPOWER

[www.wepowerstl.org/covid19-resources/](http://www.wepowerstl.org/covid19-resources/)

Shared resources, updates, and reflections to support families during the pandemic.

## COVID-19 Resources Specific to the Greater East St. Louis Area

Alorton | Brooklyn | Cahokia | Centreville | East St. Louis | Fairmont City | Washington Park  
Priority Zip Codes: 62201 | 62203 | 62204 | 62205 | 62206 | 62207 | 62059

## COVID-19 IMPACT

For the latest information on how COVID-19 pandemic is impacting our footprint visit [www.eastsidehealthdistrict.org/covid-19/](http://www.eastsidehealthdistrict.org/covid-19/).

## TESTING CENTERS

To be tested, individuals must wear a mask and have a photo-id. For more locations, visit <http://dph.illinois.gov/covid19>.

### ***No Appointment, No Cost Centers:***

- 101 Jackie Joyner-Kersey Circle, East St. Louis, IL · Open Daily, 8am – 4pm
- 1201 Camp Jackson Rd, Cahokia, IL · 618-332-2904

### ***BJC Healthcare Sites (Call 618-607-1259 in advance to set up an appointment.):***

- 4000 North Illinois Lane, Swansea, IL · Open Daily, 12pm – 8pm

### ***SIHF Healthcare Centers (Pre-screening Required. Call 618-646-2596 for details.):***

- 7210 West Main Street, Belleville, IL · Monday – Friday from 12 – 3:15pm
- 100 North 8th Street, East St. Louis, IL · Monday – Friday from 12 – 3:30pm
- 509 Camp Jackson Road Cahokia, IL · Monday – Friday from 12 – 3:30pm

## **BABIES AND TODDLERS**

### **CHILDCARE FOR ESSENTIAL WORKERS**

If you need childcare, call Children's Home & Aid: 1-800-467-9200 ext. 390

### **DIAPERS, FORMULA, AND BREASTFEEDING SUPPORT**

- For hours and information on East St. Louis Health District WIC Clinics, visit: [www.eastsidehealthdistrict.org/covid-19/](http://www.eastsidehealthdistrict.org/covid-19/) or call 618-874-4713.
- Community Life Line also has a limited supply of diapers and formula. Call their office at: 618-477-6900

## **FOOD OPTIONS**

### **GRAB AND GO MEAL PICK-UP OPTIONS**

Brooklyn, Cahokia, and East St. Louis school districts are offering meal service for students 5-days a week. Times and location vary. To get updated information:

- Brooklyn – 618-271-1014
- Cahokia – 618-332-3700 or [www.cusd187.org](http://www.cusd187.org)
- East St. Louis – [www.estl189.com](http://www.estl189.com)

Community organizations are hosting **Mobile Markets** through the St. Louis Area Food Bank. For dates, times, and location, go to [www.STLfoodbank.org/events/](http://www.STLfoodbank.org/events/)

### **FOOD PANTRIES**

To get up-to-date hours and locations of nearby food pantries, contact the agencies listed below. *Hours may change week-to-week.*

#### ***St. Louis Area Foodbank***

Call 314-292-6262 | Search Online: [www.STLfoodbank.org/covid-19](http://www.STLfoodbank.org/covid-19)

#### ***Operation Food Search***

Call: 314-726-5355 ext. 1 | Text Your Zip Code to 785-503-3310

Search Online: [www.operationfoodsearch.org/find-food/](http://www.operationfoodsearch.org/find-food/)

### **FOOD DELIVERY FOR HOMEBOUND RESIDENTS**

For seniors, people with disabilities, and/or other situations that limit mobility, the agencies below may be able to deliver a meal to you:

- Catholic Urban Programs: 618-398-5616
- Community Life Line: 618-477-6900

- East St. Louis Township: 618-698-0973
- Lessie Bates Davis Neighborhood House: 618-874-0777
- HealthVisions: 618-271-7000

## **SNAP BENEFITS**

The St. Louis Area Foodbank is assisting residents in obtaining SNAP Benefits.

- SNAP Outreach Coordinator: 618-307-9541 or 314-292-6262

## **FINANCIAL RELIEF ASSISTANCE**

If you are a St. Clair County resident and have been financially affected by COVID-19, the St. Clair County Intergovernmental Grants Department has funds to assist with **utilities (including water), transportation, and medical expenses**. Eligibility requirements and applications can be obtained by:

- Phone: 618-825-3200
- Online: [www.co.st-clair.il.us](http://www.co.st-clair.il.us)

Additional agencies providing **utility assistance** (as funds are available) include:

- Call for Help: 618-397-0968
- Catholic Urban Programs: 618-398-5616
- Salvation Army: 618-235-7378

Additional agencies providing **medical prescription assistance** (as funds are available) include:

- Community Life Line: 618-477-6900
- HealthVisions (*for seniors and disabled*): 618-271-7000

## **HOUSING**

If you need **rent or mortgage assistance** or if you need **temporary housing**, call the St. Clair County Housing Resource Center. The HRC maintains up-to-date information on available resources and will be able to connect you to service providers.

- Call the HRC: 618-825-3300

***If you need additional temporary housing resources:***

- St. Vincent De Paul Overnight Drop-in: 3718 State Street 618-646-9059
- Crisis Nursery for Short-Term Care for Young Children: 314-533-6902

## **EMOTIONAL SUPPORT**

### ***If you need someone to connect with during this time:***

- For people of all ages:
  - Touchette’s Mental Health Support and Resource Line: 618-482-7158
  - Call4Calm: Text the word “Talk” or “Hablar” to 552020 for a call back
  - Call for Help: 618-347-0968, ext. 109
  
- For East St. Louis District 189 Students
  - Text Helpline: 618-249-4443
  
- For services in Spanish
  - Puentes de Esperanza: 618-398-0557
  
- For tele-health counseling services:
  - Children’s Home + Aid Youth Services: 618-463-6880 (youth ages 10-24 and their families)
  - Hoyleton Youth and Family Services: 618-688-4727 (all ages)

### ***If you are or you know someone who is feeling suicidal:***

- CALL OPTIONS
  - National Suicide Prevention Life Line: 1-800-273-8255
  - Chestnut Health Systems: 618-877-4420
  - Comprehensive Behavioral Health: 618-482-7330
  
- TEXT OPTIONS (Youth ages 2-21)
  - CARES: Text “Talk” to 741741

### ***If you are feeling unsafe at home with a family member:***

- Domestic Violence Hotline: 1-800-799-SAFE (7233)
- Illinois Child Abuse Hotline (For youth): 1-800-25-ABUSE (22873)
- Sexual Assault Victims Care: 618-397-0975
- Violence Prevention Center of Southwestern Illinois: 618-235-0892

### ***If you are a young person that has run away from home:***

- National Runaway Safeline: 1-800-RUNAWAY (786-2929)

## **LEGAL ASSISTANCE AND ADVOCACY SUPPORT**

If you need civil legal assistance or personal advocacy support, including help with wrongful evictions, public benefits, or domestic violence, call:

- Land of Lincoln Legal Aid: 618-398-0958
- United Congregations of Metro-East: 113 Church St Cahokia Illinois 62206  
618-646-9712

## **SPECIALIZED SUPPORTS FOR SPANISH-SPEAKING RESIDENTS**

Puentes de Esperanza, led by Hoyleton Youth and Family Services, bridges Spanish-speaking neighbors to resources that improve the quality of their lives. Puentes also provides translation support to other community organizations.

- Puentes de Esperanza: 618-398-0557

All of East Side Health District's resources, including WIC and breastfeeding services are available for Spanish-speaking residents.

- East Side Health District: 618-874-4713

SIHF Healthcare offers bilingual staff at several health centers; offers a sliding fee payment program; and is currently using tele-health visits for as many services as possible to protect everyone. Salud para todos.

- SIHF Healthcare: 618-977-3619

## **SPECIALIZED SUPPORTS FOR RETURNING CITIZENS**

Agencies providing specialized services and supports to individuals recently released from incarceration include:

- Connections to Success: 618-482-8253
- Our Brother's Keepers: 618-482-5570

## **SUPPORT FOR ANIMALS**

Gateway Pet Guardians provides free pet food (while supplies last): 314-399-9738

## **SUPPORT FOR VOLUNTEER COORDINATION**

To learn more about COVID-19 volunteer opportunities or post your organization's open volunteer positions, visit [www.stlvolunteer.org/COVID19](http://www.stlvolunteer.org/COVID19).