REGIONAL COVID-19 RESOURCE HUBS

<table>
<thead>
<tr>
<th>United Way 2-1-1</th>
<th>STL Mutual Aid</th>
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<tbody>
<tr>
<td><a href="http://www.211helps.org">www.211helps.org</a></td>
<td><a href="http://www.stlmutualaid.org">www.stlmutualaid.org</a></td>
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<tr>
<td>2-1-1 offers a 24/7 hotline and a searchable comprehensive database of thousands of available resources in Missouri and Illinois.</td>
<td>STL Mutual Aid is a network of organizers, healers, artists, community leaders, and everyday people coming together to deliver food and supplies, provide financial solidarity, offer emotional support, and connect people to their neighbors.</td>
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WEPOWER

www.wepowerstl.org/covid19-resources/
Shared resources, updates, and reflections to support families during the pandemic.

COVID-19 Resources Specific to the Greater East St. Louis Area
Alorton | Brooklyn | Cahokia | Centreville | East St. Louis | Fairmont City | Washington Park
Priority Zip Codes: 62201 | 62203 | 62204 | 62205 | 62206 | 62207 | 62059

COVID-19 IMPACT
For the latest information on how COVID-19 pandemic is impacting our footprint visit www.eastsidehealthdistrict.org/covid-19/.

TESTING CENTERS
To be tested, individuals must wear a mask and have a photo-id. For more locations, visit http://dph.illinois.gov/covid19.

No Appointment, No Cost Centers:
- 101 Jackie Joyner-Kersee Circle, East St. Louis, IL · Open Daily, 8am – 4pm
- 1201 Camp Jackson Rd, Cahokia, IL · 618-332-2904

BJC Healthcare Sites (Call 618-607-1259 in advance to set up an appointment.):
- 4000 North Illinois Lane, Swansea, IL · Open Daily, 12pm – 8pm

SIHF Healthcare Centers (Pre-screening Required. Call 618-646-2596 for details.):
- 7210 West Main Street, Belleville, IL · Monday – Friday from 12 – 3:15pm
- 100 North 8th Street, East St. Louis, IL · Monday – Friday from 12 – 3:30pm
- 509 Camp Jackson Road Cahokia, IL · Monday – Friday from 12 – 3:30pm

Last Updated: 5/14/2020
BABIES AND TODDLERS

CHILDCARE FOR ESSENTIAL WORKERS
If you need childcare, call Children’s Home & Aid: 1-800-467-9200 ext. 390

DIAPERS, FORMULA, AND BREASTFEEDING SUPPORT
- For hours and information on East St. Louis Health District WIC Clinics, visit: www.eastsidehealthdistrict.org/covid-19/ or call 618-874-4713.
- Community Life Line also has a limited supply of diapers and formula. Call their office at: 618-477-6900

FOOD OPTIONS

GRAB AND GO MEAL PICK-UP OPTIONS
Brooklyn, Cahokia, and East St. Louis school districts are offering meal service for students 5-days a week. Times and location vary. To get updated information:
- Brooklyn – 618-271-1014
- Cahokia – 618-332-3700 or www.cusd187.org
- East St. Louis – www.estl189.com

Community organizations are hosting **Mobile Markets** through the St. Louis Area Food Bank. For dates, times, and location, go to www.STLfoodbank.org/events/

FOOD PANTRIES
To get up-to-date hours and locations of nearby food pantries, contact the agencies listed below. *Hours may change week-to-week.*

**St. Louis Area Foodbank**
Call 314-292-6262 | Search Online: www.STLfoodbank.org/covid-19

**Operation Food Search**
Call: 314-726-5355 ext. 1 | Text Your Zip Code to 785-503-3310
Search Online: www.operationfoodsearch.org/find-food/

FOOD DELIVERY FOR HOMEBOUND RESIDENTS
For seniors, people with disabilities, and/or other situations that limit mobility, the agencies below may be able to deliver a meal to you:
- Catholic Urban Programs: 618-398-5616
- Community Life Line: 618-477-6900
● East St. Louis Township: 618-698-0973
● Lessie Bates Davis Neighborhood House: 618-874-0777
● HealthVisions: 618-271-7000

**SNAP BENEFITS**
The St. Louis Area Foodbank is assisting residents in obtaining SNAP Benefits.
● SNAP Outreach Coordinator: 618-307-9541 or 314-292-6262

**FINANCIAL RELIEF ASSISTANCE**
If you are a St. Clair County resident and have been financially affected by COVID-19, the St. Clair County Intergovernmental Grants Department has funds to assist with utilities (including water), transportation, and medical expenses. Eligibility requirements and applications can be obtained by:
● Phone: 618-825-3200
● Online: [www.co.st-clair.il.us](http://www.co.st-clair.il.us)

Additional agencies providing utility assistance (as funds are available) include:
● Call for Help: 618-397-0968
● Catholic Urban Programs: 618-398-5616
● Salvation Army: 618-235-7378

Additional agencies providing medical prescription assistance (as funds are available) include:
● Community Life Line: 618-477-6900
● HealthVisions (for seniors and disabled): 618-271-7000

**HOUSING**
If you need rent or mortgage assistance or if you need temporary housing, call the St. Clair County Housing Resource Center. The HRC maintains up-to-date information on available resources and will be able to connect you to service providers.
● Call the HRC: 618-825-3300

*If you need additional temporary housing resources:*
● St. Vincent De Paul Overnight Drop-in: 3718 State Street 618-646-9059
● Crisis Nursery for Short-Term Care for Young Children: 314-533-6902
EMOTIONAL SUPPORT

If you need someone to connect with during this time:

- For people of all ages:
  - Touchette’s Mental Health Support and Resource Line: 618-482-7158
  - Call4Calm: Text the word “Talk” or “Hablar” to 552020 for a call back
  - Call for Help: 618-347-0968, ext. 109

- For East St. Louis District 189 Students
  - Text Helpline: 618-249-4443

- For services in Spanish
  - Puentes de Esperanza: 618-398-0557

- For tele-health counseling services:
  - Children’s Home + Aid Youth Services: 618-463-6880 (youth ages 10-24 and their families)
  - Hoyleton Youth and Family Services: 618-688-4727 (all ages)

If you are or you know someone who is feeling suicidal:

- CALL OPTIONS
  - National Suicide Prevention Life Line: 1-800-273-8255
  - Chestnut Health Systems: 618-877-4420
  - Comprehensive Behavioral Health: 618-482-7330

- TEXT OPTIONS (Youth ages 2-21)
  - CARES: Text “Talk” to 741741

If you are feeling unsafe at home with a family member:

- Domestic Violence Hotline: 1-800-799-SAFE (7233)
- Illinois Child Abuse Hotline (For youth): 1-800-25-ABUSE (22873)
- Sexual Assault Victims Care: 618-397-0975
- Violence Prevention Center of Southwestern Illinois: 618-235-0892

If you are a young person that has run away from home:

- National Runaway Safeline: 1-800-RUNAWAY (786-2929)

Last Updated: 5/14/2020
LEGAL ASSISTANCE AND ADVOCACY SUPPORT

If you need civil legal assistance or personal advocacy support, including help with wrongful evictions, public benefits, or domestic violence, call:

- Land of Lincoln Legal Aid: 618-398-0958
- United Congregations of Metro-East: 113 Church St Cahokia Illinois 62206 618-646-9712

SPECIALIZED SUPPORTS FOR SPANISH-SPEAKING RESIDENTS

Puentes de Esperanza, led by Hoyleton Youth and Family Services, bridges Spanish-speaking neighbors to resources that improve the quality of their lives. Puentes also provides translation support to other community organizations.

- Puentes de Esperanza: 618-398-0557

All of East Side Health District’s resources, including WIC and breastfeeding services are available for Spanish-speaking residents.

- East Side Health District: 618-874-4713

SIHF Healthcare offers bilingual staff at several health centers; offers a sliding fee payment program; and is currently using tele-health visits for as many services as possible to protect everyone. Salud para todos.

- SIHF Healthcare: 618-977-3619

SPECIALIZED SUPPORTS FOR RETURNING CITIZENS

Agencies providing specialized services and supports to individuals recently released from incarceration include:

- Connections to Success: 618-482-8253
- Our Brother’s Keepers: 618-482-5570

SUPPORT FOR ANIMALS

Gateway Pet Guardians provides free pet food (while supplies last): 314-399-9738

SUPPORT FOR VOLUNTEER COORDINATION

To learn more about COVID-19 volunteer opportunities or post your organization’s open volunteer positions, visit www.stlvolunteer.org/COVID19.